



NAGARJUNA KMC

THORNBY HALL & LEICESTER CITY

WEEKLY SCHEDULE

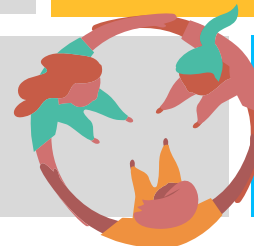
week: 24th - 30th August 2020

MONDAY 24	TUESDAY 25	WEDNESDAY 26	THURSDAY 27	FRIDAY 28	SATURDAY 29	SUNDAY 30
<u>Lunchtime Meditation Class</u> 1-1:30pm	<u>Lunchtime Meditation Class</u> 1-1:30pm	<u>Lunchtime Meditation Class</u> 1-1:30pm	<u>Lunchtime Meditation Class</u> 1-1:30pm	<u>Lunchtime Meditation Class</u> 1-2pm		Special Course A happy and meaningful life: 30th August 10.30 - 4.30pm Recordings available for 48hrs catch-up!
<u>Evening Meditation Class with Kadam Bridget Heyes</u> 7:15-8:15pm	<u>Evening Meditation Class with Kadam Chris Heyes</u> 7:15-8:15pm	<u>Evening Meditation Class Becoming the person you want to be</u> 7:15-8:15pm	<i>Buy a Meditation bundle for your children 5-11yrs</i>	<u>Evening Meditation Class with Lorraine Quinn</u> 7:15-8:15pm		



Sign up for a membership

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MEMBERS' AREA

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ALL OUR online classes are accessible for 48 hours